



# Parent Guide:

## Understanding the

A Resource from...



# FURRY

## Trend

### What Is the Furry Trend?

A furry is someone who expresses interest in anthropomorphized animals—animals with human traits, like talking or walking upright.

This can include:

#### Full fursuits:

Custom animal costumes.

#### Partial costumes:

Tails, ears, or other accessories.

#### Online fandom:

Tails, ears, or other accessories.

New trends like the 'furries' movement are gaining traction among Gen Z, leaving many parents unsure how to respond. Our free guide offers parents clear, Christ-centered guidance on understanding this trend, setting healthy boundaries, and helping teens discover their God-given identity—with confidence, clarity, and peace.

### Why this is concerning:

Anything that steps outside of God's design is spiritually and emotionally dangerous. God created us in His image and gave humans dominion over animals; when teens adopt animal personas or identities, they are stepping down from their place of authority and purpose God intended, which is exactly how the enemy seeks to distort God's design.

*Scripture Reference: "So God created mankind in His own image, in the image of God He created them; male and female He created them." — Genesis 1:27*



## Why Some Teens Are Drawn to Furrries?



*Teens may be attracted to this trend for several reasons:*

### **Isolation or anxiety:**

Teens who feel shy, rejected, or misunderstood may seek a space where they can "belong."

### **Desire for identity and acceptance:**

A fursona or online persona gives them a sense of control and recognition—but only temporarily—and not in a healthy way.

### **Avoidance of healthy relationships:**

Teens can replace family conversation, friendships, and real-world social development with online communities and fantasy engagement.

### **Escaping reality:**

This trend enables them to avoid confronting emotions, social challenges, or spiritual truths about themselves and God.

**The risk:** When teens pull away from real-life support, they become more vulnerable to negative influences, distorted identity, and spiritual deception. Teens need to learn to develop confidence in themselves through healthy interactions and activities.

**Scripture Reference: "Do not be deceived: Bad company ruins good morals." — 1 Corinthians 15:33**



# Practical Guidance for Parents

*Don't wait for your teen to pursue this trend. Have the conversation today.*

*Here are some tips for discussing this dangerous trend with your teen before or after they show interest.*

- 1. Monitor online activity** (TikTok, Discord, fan forums). Teens may encounter adults or content with sexual or exploitative themes.
- 2. Set clear boundaries** about costumes, meetups, and online interactions.
- 3. Discuss fantasy versus reality** and affirm that God created them for a higher purpose than pretending to be an animal.
- 4. Encourage God-centered identity:** Teach teens to embrace their true self in Christ, rather than a persona or costume.
- 5. Promote healthy relationships:** Make family conversation, friendships, mentorships, and church involvement a priority, replacing the void the furry trend may be filling.
- 6. Pray for discernment and protection:** Ask God to guide your teen spiritually, emotionally, and socially.





## The Bottom Line

*The furry trend is not healthy for teens. It can:*

- **Distort identity and spiritual understanding.**
- **Pull teens away from family, friendships, and church community.**
- **Open them to unsafe influences and emotional vulnerability.**

*As parents, your role is to:*

- ➔ **Guide with compassion and wisdom, not fear.**
- ➔ **Affirm your teen's God-given identity, not personas rooted in fantasy.**
- ➔ **Teach the truth about human dignity and authority, helping them understand that God created them for a higher purpose than to imitate animals.**

**Scripture Reference: “Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.” — Philippians 4:8**

## Final Word of Encouragement

*We've discussed the dangers of a trend with you, but remember this: **You are not powerless.***

*God chose you to guide your teen through confusing times. By leading with compassion and truth, affirming their God-given identity, and surrounding them with healthy relationships, you can help your teen walk confidently in who God created them to be. Keep in mind, you are not alone—God promises wisdom to those who ask (James 1:5), and He will equip you as you lead your child toward a Christ-centered identity.*