



# 12 SCRIPTURES FOR PARENTS OF TEENS

## 1. DEUTERONOMY 6:6-7

***“And you must commit yourselves wholeheartedly to these commands that I am giving you today. Repeat them again and again to your children. Talk about them when you are at home and when you are on the road, when you are going to bed and when you are getting up.”***

The way to see your teen living a life pleasing to God is to model it yourself. Make it so much a part of who you are that you can't help but talk about it in the morning, in the car, and around the dinner table. Pay no attention to the response from your teen. Those seeds are going in there!

## 2. PSALM 127:3

***“Children are a gift from the Lord; they are a reward from him.”***

In the toughest moments, it is important to remind yourself that your children—no matter their ages—are a blessing in your life. They'll be with you and love you all the days of your life.

## 3. PROVERBS 22:6

***“Direct your children onto the right path, and when they are older, they will not leave it.”***

Remember when your kids were little, and you had to keep saying, “Say please. Say thank you” over and over and over? But then, one day, they started saying it on their own. Your (sometimes tiring) investment yielded fruit! The same is true in this stage of parenting you're in right now. Your teen may bump around a bit and make some decisions you wish they wouldn't have, but they'll never forget the things you instilled in them as you're faithful to remind them of walking on the narrow path.

## 4. HEBREWS 12:11

***“No discipline is enjoyable while it is happening—it's painful! But afterward there will be a peaceful harvest of right living for those who are trained in this way.”***

Have you ever noticed that grounding your teenager is just as much of a punishment for you as it is for them? Just as this verse says—it's painful! In times like these, imagine your future self enjoying a mature, kind, and well-adjusted young adult that became so

## 5. MATTHEW 6:33-34

***“Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need. So don't worry about tomorrow, for tomorrow will bring its own worries. Today's trouble is enough for today.”***

As your teen nears the finish line of your time with them, it can bring about worry that the kinks in their character may not smooth out. God, in His wisdom, reminds us to keep our hearts and minds fixed on Him. When we do, He will make a way where there seems to be no way and cause miracles where we have run out of options.

## 6. JEREMIAH 29:11

***“For I know the plans I have for you,” says the Lord. “They are plans for good and not for disaster, to give you a future and a hope.”***

It may seem like there is one trouble or concern after another with your teen, but God's love, power, and grace have overcome every challenging circumstance. God's Word says He makes the crooked places straight, the rough places smooth, and always causes you to triumph (Luke 3:5; 2 Corinthians 2:14).

## 7. GALATIANS 6:9

***“So let's not get tired of doing what is good. At just the right time we will reap a harvest of blessing if we don't give up.”***

Your continued prayers, correction, and guidance on behalf of your teen will surely yield a blessing in due time. Don't be discouraged when you don't see the fruit of your efforts right away. It's coming. Be assured it will pay off in the end!

## 8. EPHESIANS 6:1-3

***“Children, obey your parents because you belong to the Lord, for this is the right thing to do. “Honor your father and mother.” This is the first commandment with a promise: If you honor your father and mother, “things will go well for you, and you will have a long life on the earth.”***

When you help your children learn to honor and obey you, you are helping them receive the blessing resulting from them. Don't let the eye rolls or verbal backlash keep you from doing what's right by your teen and in the eyes of God.

## 9. EPHESIANS 6:4

***“Fathers, do not provoke your children to anger by the way you treat them. Rather, bring them up with the discipline and instruction that comes from the Lord.”***

Teenagers can make you mad! But as a parent, you must handle them with calm, patience, and controlled words. It does not mean you withhold discipline. It means you seek God and treat your teen with respect, even when they are disrespecting you.

## 10. PHILIPPIANS 4:6-7

***“Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.”***

Have you ever laid awake at night worrying about whether your teen will have the grades to graduate, worrying about the poor choices in friends they've made or wondering if they're living the life you've taught them to live? It's so tempting to do so! However, God tells us that this won't help our situation. Instead, he says to pray about it and thank Him. That means you release it into His hands and enjoy the peace of doing so.

## 11. PHILIPPIANS 4:13

***“I can do all things through Christ who strengthens me.”***

Anytime things with your teen get rough, speak this one out loud. Over and over if necessary. You've got this! Because you have the One who gives you strength right by your side.

## 12. JAMES 1:5

***“If you need wisdom, ask our generous God, and He will give it to you.”***

Most parents of teens find themselves feeling perplexed at times. God is ready and willing to show you exactly how to respond to situations that may arise with your teenager. Ask Him. He always answers.